Marisa Home Care HELP GUIDE

Looking for More Information? *We Can Help*...Marisa Home Care is happy to provide resources and recommendations (along with Facebook links for finding online community) that may be useful to you and your family members. If you do not find what you are looking for here, please contact us at **248.354.7600** for additional insight.

Adult Day Services Programs

Structured activities and meals during the day; transportation provided for a fee. Many sites available through the "Find a Center" directory on the following website.

www.mimadsa.org

Alzheimer's Association

Resources to help a family member with Alzheimer's disease.

248-351-0280

www.alz.org/gmc

Facebook https://www.facebook.com/AlzAssoc

American Association for Retired Persons (AARP)

Information on many retirement topics, including financial planning.

www.aarp.org

Facebook https://www.facebook.com/AARP

Area Agency on Aging (AAA)

The AAA offers a multitude of resources for seniors in Southeast Michigan.

800-852-7795

www.aaa1b.com

Facebook https://www.facebook.com/AreaAgencyonAging1B

Caregiver Support & Resources

Julie's List **http://julieslist.homestead.com/CaregiverResources.html**

Senior Resource Directory 2017 – Oakland County **Download the Directory**

Clothing Solutions

Adaptive solutions for people who have difficulty with dressing and managing buttons, zippers, and fasteners.

www.clothingsolutions.com

The Conversation Project

A user-friendly guide on how to convey wishes about a desired end-of-life experience.

http://theconversationproject.org

Facebook **https://www.facebook.com/TheConversationProject**

Elder Law of Michigan

Elder Law of Michigan is a nonprofit, charitable organization that promotes and protects the rights, health and economic well-being of older adults and people with disabilities. ELM provides information, advocacy, legal advice and professional services.

866-400-9164

http://www.elderlawofmi.org

Facebook **https://www.facebook.com/ElderLawofMichigan**

Emergency Senior Cell Phone Program

FREE cell phones for emergency use are distributed from 9:00 AM-noon every Friday.

Oakland County Sheriff's Office

1200 N. Telegraph Rd. Bldg. 38E, Pontiac, MI

248-975-9700

https://www.oakgov.com/sheriff/Pages/community_services/senior_cell.aspx

Family Care Giving 101

Caregiver assistance, answers, new ideas and helpful advice.

www.familycaregiving101.org

Go Barrier Free

Adapting the home for special needs with grab bars, widened doorways, walk-in showers, and lower counters.

248-398-4783

www.gobarrierfree.org

Jewish Family Service

This non-profit agency can provide financial assistance and case management to people in need. They also offer many additional resources.

248-592-2300

http://www.jfsdetroit.org/find-help

Facebook https://www.facebook.com/JFSDetroit

Keystone Home Improvements, Inc.

Adapt your home for aging in place or special needs. Advice on railings, ramps, and how to make room for the durable medical equipment you may need.

248-471-6634

www.keystonehsi.com

Lotsa Helping Hands

Organize visitors, volunteers, meals, and services for a loved one going through a rough time.

www.lotsahelpinghands.com

Facebook: https://www.facebook.com/lotsahelpinghands

Marisa Home Care...*When You Need a Helping Hand*

Marisa Home Care provides a wide range of home care services, from helping around the house to running errands around town. Our certified caregivers can customize tasks and provide coverage at any time, day or night.

248-354-7600

www.marisahomecare.com

Facebook https://www.facebook.com/marisahomecare

Medicare

This site offers information about the different parts of Medicare, what's new, and how to find Medicare plans, facilities or providers.

800-803-7174

www.medicare.gov

www.mmapinc.org (a free health-benefit counseling service funded by a grant from the Michigan Office of Services to the Aging. Also see https://www.facebook.com/mmapmichigan)

Michigan Attorney General

Scam artists con vulnerable people every day. If you think that you or your family member may have been a victim of a scam, contact the Michigan Attorney General's office to report it by filing a complaint.

877-765-8388

www.michigan.gov/ag

Michigan Aging & Adult Services

http://www.michigan.gov/osa

Facebook https://www.facebook.com/MIAging

Senior Nutrition Program

The Area Agency on Aging 1-B for Southeast Michigan offers community dining and *Meals on Wheels* for people 60 years and older.

800-852-7795

http://www.aaa1b.org/services-and-seniors/meals-on-wheels

Senior Alliance

Caregiver resources, senior programs and advocacy – Michigan & Wayne County

https://www.aaa1c.org

Senior Resource Directory 2017

Caregiver resources, senior programs and advocacy – Michigan & Oakland County

Download the Directory

Transportation

Suburban Mobility Authority for Regional Transportation (SMART)

Transportation curb-to-curb through the SMART Connection Service for $1 one way. Two-day advance reservations (six-day advance notice is needed for medical trips).

866-962-5515

www.smartbus.org

https://www.smartbus.org/How-to-Ride/New-to-Riding

We Help You Stay In Your Own Home

HAVE A SPECIAL SITUATION OR REQUEST? JUST ASK!

Marisa is dedicated to making home care more personal and affordable through boutique-style services that accommodate your lifestyle.

Marisa Home Care

27698 Franklin Road | Southfield

248.354.7600

marisahomecare.com

Because sometimes you need a hand...